

Attention Parents!!

Want to significantly reduce the conflict in your home and increase the connection and peace?

Consider coming to learn about *Positive Discipline*

Positive Discipline uses kindness and firmness, a focus on solutions, and encouragement to accomplish this task.

What: Introduction to *Positive Discipline* Workshop

When: Saturday, January 23rd, 2010

Time: 9:00 a.m.-1:00 p.m.

Where: The Landing Community Center in Eagle, ID

Facilitator: Nate Hamlin*

Cost: \$30 per person, \$45 per couple

- Cost includes workshop, book, and childcare (children age 4 and up)

***Sign-ups due Monday, January 19th, 2010**

Call Jessie at The Landing at 939-4850 ext. #1 to sign up

*Nate Hamlin is a Licensed Professional Counselor, a Licensed Associate Marriage and Family Therapist, has his Master's degree in Marital, Couple and Family Counseling, and a Bachelor's degree in Philosophy. He is a trained Positive Discipline facilitator, is the host for the "Morning Coffee with Nate Hamlin" Parenting Forum at Rembrandt's Coffee House, has spent over 5,000 hours working with kids, and has a private counseling practice in Boise, fifteen minutes from Eagle down State St.

Positive Discipline is an approach to parenting that teaches important social and life skills in a manner that is respectful to both parents and kids. Positive Discipline helps raise young people to be responsible, respectful and resourceful members of their community. It is based on the theory that children who have a sense of connection to their community (home, school) and whose input is regarded as meaningful are less likely to engage in "mis" behavior. Encouragement provides one of the foundations for positive and mutually respectful behavior.



**The Landing
Community Center**
Laying the groundwork for a better community

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